

blanko.

food.

nibbles.

House sourdough.

olive oil bread dip, garlic, parsley, balsamic, parmesan 85

roast tomato, whipped feta, basil, oregano 105

marinated green olives.

roast garlic, herbs 95

zucchini fries.

Sea salt, lemon, aioli 55

crispy fried artichokes.

sea salt, lemon 145

starters.

oysters shucked & served on the half shell.

tomato mignonette SQ

butter basted garlic prawns.

white wine, parsley, lemon, ciabatta 145

baby squid fritti.

salt, pepper, parsley, lemon, aioli 135

pot steamed black mussels.

shallots, garlic, chilli, white wine, tomato, parsley, ciabatta 95

carpaccio of beef.

sauce tonnato, capers, parmesan, lemon, rocket 95

polpette beef meatballs.

arrabbiata, parmesan, ciabatta 135

pollo fritto.

buttermilk fried chicken, herbs, lemon 115

arancini.

risotto rice, fior di latte mozzarella, parmesan, arrabbiata 105

tempura zucchini blossoms.

goat's cheese, citrus truffle honey 95

market greens.

house greens.

greens, tomato, cucumber, red cabbage, feta,
crunchy seeds, boiled egg, vinaigrette 95
(add: avocado 35 & or grilled chicken 35)

heirloom tomato & mozzarella.

capers, red onion. basil, olive oil, ciabatta 110

gem lettuce.

anchovy chilli dressing, parmesan, bread crumbs 95

between bread.

(served with crispy fries)

house burger.

200g beef patty, provolone, arrabiata aioli,
caramelised onion, tomato, rocket 145

chicken caesar burger.

grilled chicken breast, chilli anchovy dressing, gem lettuce, parmesan 135
(add: pancetta 40)

the hero soft roll.

pickled peppers, red onion, aioli,
mortadella, coppa, salami, provolone cheese 125

garlic prawn bap.

shallots, garlic, white wine, parsley, lemon 155

pasta.

seafood linguine.

white fish, prawns, mussels, calamari, shallots,
garlic, chilli, white wine, tomato, basil 185

prawn linguine.

shallots, garlic, chilli, white wine, cream 175

(v) spaghetti aglio e olio.

garlic, chilli, parmesan 95

carbonara linguine.

bacon, guanciale, egg, parmesan, black pepper 125

prosciutto & pea tortellini.

parmesan, mint, lemon 135

bolognese rigatoni.

beef ragu, parmesan 105

lasagna.

beef ragu, white sauce, basil, parmesan 125

chicken pesto tagliatelle.

basil, chilli, parmesan, cream 135

(v) asparagus risotto.

asparagus cream, lemon, parmesan 155

(add prawns SQ)

pizza.

(v) margherita.

basil, oregano, parmesan, fior di latte mozzarella 95

prawn.

basil, oregano, parmesan, mozzarella,
shallots, chilli, garlic, white wine 195

spicy pepperoni.

pepperoni, mozzarella, parmesan,
pickled jalapeños, chilli honey 135

ham & pineapple.

pancetta, jalapeño, mozzarella, parmesan 125

fab.

feta, bacon, avocado, mozzarella, parmesan 135

BBQ chicken.

coriander, red onion, mozzarella, parmesan 135

avocado pizza.

goat's cheese, mozzarella, parmesan, basil pesto 165

bigger bites.

fish & shellfish.

grilled rock lobster tails.

lemon butter, parsley, crispy fries sq

grilled shell on prawns.

italian parsley, garlic, chilli,
white wine, lemon, citrus rice 155

seafood cioppino.

tomato broth, white fish, mussels,
clams, prawns, house sourdough 295

crispy skin white fish.

tomato, olives, parsley, lemon, baby new potatoes 225

grilled baby squid.

citrus verde, citrus rice 220

roast salmon.

citrus verde, baby new potatoes 345

sole.

capers, parsley, lemon, citrus rice 265

bigger bites.

meat.

steak florentine.

t-bone 600g, oregano, olive oil, sea salt, crispy fries 345

salt & pepper fillet.

250g, spiked bearnaise, crispy fries 245

steak tagliata.

250g sirloin, rocket, shaved parmesan, lemon 195

lemon steak.

250g rump steak, preserved lemon, crispy fries 195

lamb shank.

braised cipolline onion, basil polenta 325

osso buco.

saffron risotto 175

marinated lamb cutlets.

Garlic, Chilli, Olive, Rosemary, Baby New Potatoes 295

crispy skin porchetta.

apple purée, mustard greens, apple salad 195

broken rice crispy chicken cutlets.

rocket, lemon, olive oil, mustard sauce, crispy fries 145

crispy skin chicken.

garlic, herbs, preserved lemon, green olives, crispy fries 175

chef's plate.

quinoa & grain salad, roast red pepper, red onion, tomatoes, olives, feta
(chicken 135 steak 195 white fish 135)

sides.

simple greens.

tomato, cucumber, red cabbage, feta, seeds, olive oil vinaigrette 45

crispy fries.

sea salt, black pepper, rosemary, thyme 35

tender stem broccoli.

sea salt, lemon 45

basmati rice.

citrus, garden herbs 35

baby new potatoes.

confit garlic, parmesan, olive oil 35

desserts.

chocolate mousse.

honeycomb, pecan oat crumble, orange curd 95

ice cream sandwich.

hazelnut cookie, nut butter, toasted meringue,
yoghurt ice cream 85

pear almond cake.

lemon crème fraiche 105

lemon tart.

raspberry mousse, yoghurt ice cream 85

milk panna cotta.

coffee, salted caramel 75

ricotta cheesecake.

apple & sultana compote, lemon ice cream 75

